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POLICE PERCEPTIONS OF ADHD IN YOUTH INTERVIEWEES

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Abstract

Attention Deficit Hyperactivity Disorder (ADHD) in witness-victim/suspect interviews holds strong relevance for policing. Four purpose-written vignettes were used to test the extent to which ADHD interviewee behaviour impacts on the work of 46 experienced Australian detectives and their ability to identify ADHD as a likely diagnosis. Detectives reported frequently encountering ADHD-type interviewees in their work; perceiving such interviewees to be at a very significant risk of future contact with the Criminal Justice System; and perceiving ADHD-type behaviour to exert a highly significant impact on interviewing time efficiency as well as quality. Detectives gave highly significant ratings of ADHD as a likely explanation of vignettes describing ADHD type behaviour for witness-victims as well as suspects. However, they could not identify ADHD as the most likely explanation over and above other possibilities. Implications are discussed in terms of a rationale for future research targeting police awareness and training needs in ADHD.

Keywords: ADHD, youth, police, interviewing, vignette

Introduction

Attention-Deficit/Hyperactivity Disorder (ADHD) is a common childhood disorder with neuro-developmental deficits (McArdle, 2004). There is definitive neurological evidence that these deficits, as evidenced by structural and functional brain abnormalities, contribute to problems with response inhibition, response variability, working memory, attention, verbal and non-verbal fluency, impulse control, timing-related behaviour, temporal discounting, planning and problem-solving (Barkley, 2015). The DSM-5 (American Psychiatric Association, 2013) classifies ADHD as a persistent pattern of at least six symptoms of inattentive and/or impulsive behaviours continuing for at least six months, more frequently/severely observed than in age-matched peers, impairing functioning in at least two settings, impacting social, academic or occupational functioning, and not accounted for by another disorder or failure to understand instructions/tasks. Epidemiological studies show an excess of males affected by ADHD, with a ratio of 3-4 males per female in the general population and 7-8 males to each female in clinical populations (Thapar & Cooper, 2016).

Each child presents differently (Sparrow & Erhardt, 2014). Some children outgrow their symptoms (Young & Gudjonsson, 2007, 2008). Yet the condition often persists (Ginsberg, Hirvikoski, & Lindefors, 2010; Thapar & Cooper, 2016) with pooled prevalence rates with the general population estimated at 5.29% for youth (Polanczyk et al., 2007), and 2.5% for adults (Simon et al., 2009). Rates are more pervasive in offender populations, with estimates of 30.1% in youth prison populations and 26.2% in adult prison populations (Young et al., 2015).

Youth with ADHD, particularly when undetected or untreated, may face a negative trajectory of outcomes including academic failure, truancy, performance problems,

neuropsychological impairments, anxiety, depression, substance abuse, obsessive compulsions, poor socialization, family conflicts, dysfunctional relationships, poor planning and decision-making, behavioural difficulties, car accidents and physical injuries (Gudjonsson, Sigurdsson, Sigfusdottir, & Young, 2011; Young & Gudjonsson, 2007; Young, Wells, & Gudjonsson, 2011). There is also a trajectory to a high rate of contact with the criminal justice system (CJS) (Young, Wells et al., 2011), and this may be related to developing antisocial problems (DeLisi, Neppl, Lohman, Vaughn, & Shook, 2013). There are high personal, social and financial costs to the individual with ADHD and to society. Youth with ADHD proceeding along this negative trajectory are costly to manage and rehabilitate (Ginsberg, Langstrom, Larsson, & Lichtenstein, 2013).

Many people with ADHD come into early contact with the CJS, and whilst countless go undiagnosed, studies show high numbers (up to 67%) of prison inmates being retrospectively diagnosed with childhood ADHD and remaining symptomatic (Einarsson, Sigurdsson, Gudjonsson, Newton, & Bragason, 2009; Young & Gudjonsson, 2005). ADHD, along with conduct disorder, is the most frequently recorded diagnosis in forensic settings (Lindsay et al., 2010). ADHD has been associated with onset of criminal behaviour from a young age (see Lambie, Ione, Randell, & Seymour, 2013), putting individuals at risk for life-course persistent offending (Lindsay et al., 2013; Young, Adamou et al., 2011; Young et al., 2015). Individuals with ADHD are more likely to recidivate, offend faster than other re-offenders, and their ADHD is the strongest predictor of increased and earlier police contact as well as a trajectory to anti-social problems and imprisonment even when controlling for comorbid factors (see Collins & White, 2002; Gudjonsson, Wells, & Young, 2011; Young & Gudjonsson, 2007).

Youth with ADHD are highly vulnerable interviewees. Being a child or adolescent increases suggestibility, disadvantage and poor coping throughout every stage of the judicial

process, especially when younger due to their difficulty with free recall over cued recall, trouble identifying the source of their beliefs, eagerness to please or agree, and high deference to interviewers perceived as authoritarian (see Powell & Lancaster, 2003; Powell & Snow, 2007). ADHD behaviours hold strong forensic relevance, which make affected youth highly vulnerable (Gudjonsson, Young, & Bramham, 2007). A credible witness must be willing and able to provide accurate, reliable and complete information (Kebbell & Wagstaff, 1996; Kebbell, Milne, & Wagstaff, 1999). Yet research shows youth with ADHD have executive function deficits, and such deficits make it difficult to emotionally cope, attend to relevant cues, remember all question parts and reply choices, provide coherent and accurate answers, resist yielding and contamination errors, as well as to inhibit their disproportionately frequent “don’t know” responses, culpable statements and false information/confessions (Gudjonsson, 2010, 2012; Gudjonsson, Sigurdsson, Bragason, Newton, & Einarsson, 2008; Gudjonsson, Sigurdsson, Sigfusdottir, & Young, 2011; Gudjonsson, Sigurdsson, Einarsson, Bragason, & Newton, 2010; Young, Goodwin, Sedgwick, & Gudjonsson, 2013).

The literature shows that poor memory is associated with heightened suggestibility, which is linked to yielding and false information/confessions (Milne, Sharman, Powell, & Mead, 2013; Powell & Thomson, 1997; Read, Powell, Kebbell, & Milne, 2009). Managing such deficits leads many individuals with ADHD to emotional lability and reliance on maladaptive coping strategies, further heightening suggestibility and vulnerability (Howard & Seok Hong, 2002; Goldstein, 1997; Young, 2005). This holds a range of implications for the judicial process (Collins & White, 2002; Goldstein, 1997; Vrij, Granhag, & Porter, 2010). Practitioners should be mindful that misremembering is different to lying (Vrij et al., 2010), and to instead adopt a developmental approach (Bala, Lee, & McNamara, 2001; Brubacher, Glisic, Roberts, & Powell, 2011).

The functional deficits associated with ADHD, heightened in younger interviewees, may impact detectives' ability to conduct good interviews. The behavioural disinhibitions, emotional lability, as well as propensity for "don't know" responses and false information/confessions are demanding of staff resources beyond conduct disorder and intellectual impairment (Young et al., 2013). Behavioural characteristics associated with ADHD may lead police to misread cues, examine wrong cues, assume uncooperativeness or evasiveness, presume guilt or deception, neglect inter/intra personal differences, needlessly rush and interrupt interviewees, undermine confidence, excessively repeat questions, over-use closed or leading questions, use opinion statements, apply pressure, be coercive, fail to establish rapport and steer away from best practice techniques during interviewing (Gudjonsson & Sigurdsson, 2010; Vrij et al., 2010). The literature suggests best practice is less likely to be used when any interviewee is perceived as uncooperative (Griffiths, Milne, & Cherryman, 2011; Read et al., 2009; Snook, Luther, Quinlan, & Milne, 2012), and this may perpetuate the use of minimal/misleading responses (Milne & Bull, 2003; Milne, Sharman, Powell, & Mead, 2013). Inappropriate interviewing techniques may raise questions about accuracy of information, form the bases of legal challenge, lead to mistrial, induce harsher sentencing and/or false imprisonment, and represent a miscarriage of justice (Collins & White, 2002; Griffiths & Milne, 2010; Griffiths, Milne, & Cherryman, 2011; Read et al., 2009; Snook et al., 2012).

It is important to quickly identify vulnerable witnesses, particularly those difficult to identify (O'Mahony, Smith, & Milne, 2011). ADHD is vulnerability more difficult to identify than most others such as intellectual impairment, despite being more common, and screening has been recommended as routine for future practice (Young et al., 2013). Researchers recommend increasing police awareness in this area via specialized training (Young, Adamou et al., 2011). Yet most youth with ADHD in forensic settings are not identified or referred,

thus remaining at risk (Collins & White, 2002; Timmi & Taylor, 2004). Such youth continue to provide false confessions, particularly if in early rather than later adolescence, which appears to go unrecognized by police (Gudjonsson et al., 2016). ADHD appears to be particularly difficult to detect in offenders, as reflected in the high rate of “false-negative” screens in prison inmates as well as the low number of premorbid compared with retrospective diagnoses in this population (Young et al., 2015). Research shows even when vulnerable witnesses are identified police do not always call on appropriate support persons/intermediaries despite them being a welcome measure (Gendle & Woodhams, 2005; Young et al., 2013).

ADHD is difficult to identify and accommodate due to comorbidity in two thirds of cases (Jensen et al., 2001). ADHD often coexists with conduct disorder, antisocial personality disorder, oppositional defiant disorder, mood disorders, intellectual impairment, learning disabilities, substance use disorders, psychopathy, and family adversity (see Gudjonsson, Sigurdsson, Sigfusdottir, & Young, 2014; Young et al., 2013). ADHD also often coexists with fetal alcohol syndrome, which heightens suggestibility (Brown, Gudjonsson, & Connor, 2011). Meta-analyses have shown pure ADHD, relative to pure conduct disorder, to predict higher rates of criminal acts, arrests, convictions and incarcerations (Erskine et al., 2016). Yet the risk for criminality among individuals with ADHD is increased when there is psychiatric comorbidity with conduct disorder (Knecht, de Alvaro, Martinez-Raga & Balanza-Martinez, 2015). Some cross-sectional studies have suggested that comorbid conduct disorder and ADHD may be a separate subtype of ADHD with callous unemotional traits increasing risk for antisocial behaviour and criminality (Storebol & Simonsen, 2016). Yet the literature broadly recognizes comorbidity in ADHD as a highly complex issue, with the unique contributions of each disorder difficult to parse out and the mechanisms of the relationship potentially mediated by confounding factors.

Of particular relevance to the investigative interviewing process, is that even in the absence of comorbidity, ADHD is associated with the greatest demands on police resources (Dalsgaard, Mortensen, Frydenberg, & Thomsen, 2013; Gudjonsson, Sigurdsson, Adalsteinsson, & Young, 2012; Young et al., 2013). With comorbidity present, it is the ADHD symptoms that are recognized as being most relevant to how the interviewee copes and if they may be prone to giving a false confession, as well as whether they give more “don’t know” responses that require further questioning (Gudjonsson et al., 2008; Gudjonsson et al., 2016).

Despite the importance of ADHD with regards to policing and the CJS, there has been surprisingly little research conducted on police perceptions of the frequency and intensity with which it impedes their work as well as their ability to recognize it. For this reason, the present study gave 46 police detectives four vignettes concerning the behaviour of witnesses and suspects with/without ADHD and asked a variety of questions. It was hypothesized that detectives would report frequent prior contact with ADHD type interviewee behaviour; high predicted risk of ADHD type interviewees having future contact with the CJS; as well as ADHD type interviewee behaviour impeding their ability to conduct interviews with time-efficiency and quality of information gathered. In this study we further hypothesized that detectives would not accurately identify ADHD as the most likely explanation of interviewee behaviour in the appropriate written vignettes.

Method

Participants. Participants were 46 police detectives. This was considered an adequate sample size given that a minimum of 20 has been recommended for factorial vignettes (Snijders, 2004), and 30 would approximate a normal distribution (Tilley, 1993). Of these detectives, 28 (60.9%) were attending a presentation at a police academy and came from mixed backgrounds within the Criminal Investigation Branch (CIB). Another 18

(39.1%) participants were surveyed at a Child Protection Investigation Unit CPIU meeting. There were 34 males (73.9%) and 12 females (26.1%). Regarding ethnicity, 45 (97.8%) were Anglo-Australian and 1 (2.2%) was Indigenous-Australian. Ages ranged from 26 to 55 years, with a mean of 39.5 (S.D = 6.7). Years of police service ranged between 5 and 30, with a mean of 14.7 (S.D = 6.7). Years served as detective or plain clothed investigator ranged between 0 and 24, with a mean of 8.4 (S.D = 5.9). The response rate for detectives approached was 95.8%.

Procedure. The current study was administered in a natural work setting, matched across sessions and aligned to the nature of detective work. Administration was attached to a “vulnerable witnesses” training presentation at the police academy, and to a “youth recidivism” information session at the CPIU. This facilitated a contextual flow with natural incentives. The research purpose was explained to participants, in terms of understanding youth interviewee behaviour as well as potential gains for future detective training and outcomes. The researcher supplied each detective with a survey booklet (booklets 1-4 counterbalanced in rotating sequence). Detectives read four vignettes in each booklet, answered the Likert-type scale questions after each vignette, and answered the demographic questions. Completion time was approximately 15 minutes.

Instrumentation. The current study used four factorial vignettes. Content development drew on a literature review of tips for effective vignette writing. Consideration was given to a range of contextual and technical features (see Brown, 2008; Ganong & Coleman, 2006; Ohan, Visser, Strain, & Allen, 2011; Wallander, 2012). Content development addressed bias due to perception of special needs, gender, name and ethnicity as noted in the literature (see Bruchmuller, Margraf, & Schneider, 2012; Ohan, Cormier, Hepp, Visser, & Strain, 2008; Ohan et al., 2011). Thus, vignettes in this study referred to “the interviewee” without reference to special needs, gender, name or ethnicity. Most juvenile

offenders are arrested in their teens (Snyder & Sickmund, 2006), and police perceptions vary as a function of interviewees' age (Wright & Holliday, 2005). Thus, interviewee age was set at 17 years. The vignettes covered suspect and victim-witness interviewees to address differences in state of mind and minimize potential for bias documented regarding child and adolescent legal cases (Redlich, Ghetty, & Quas, 2008; Sigurdsson, Gudjonsson, Einarsson, & Gudjonsson, 2006).

Past researchers have addressed a range of content areas (Ohan et al., 2008; Ohan et al., 2011). Thus, behavioural descriptions in the vignettes addressed multiple aspects and covered full diagnostic criteria for combined type ADHD in the DSM-5 and ICD-10, noting potential for false positives (see Bruchmuller et al., 2012).

Previous literature has highlighted the importance of matching vignettes in structure, wording and readability (Ohan et al., 2011; Stolte, 2010). Each vignette had 211 words, 11-12 sentences, 17.6-19.2 words per sentence, and approximately 5 characters per word, with short length recognized as optimal (Wallander, 2012). The Flesch reading ease was 48.2-52.6 and the Flesch-Kincaide reading grade level was 10.2-11.2. Research recommends a 7th/8th grader level for the average community (see Pett, Lackey, & Sullivan, 2003) but most (84.9%) participants held tertiary education so these scores were acceptable.

The wording and structure of the questions following each vignette were aligned with guidelines for developing surveys in the social sciences (see DeVellis, 1991; Pett et al., 2003). The question response format involved Likert-type scales, favoured for their adaptability, reliability, intuitive appeal, capacity to elicit discriminating responses, and ability to tap a range of constructs (Hodge & Gillespie, 2003; Muraki, 1990). A ten-point Likert type scale was adopted in recognition of studies showing increasing reliability with elevated scale points (Rasmussen, 1989), the uncommon use of over ten categories (Muraki, 1990), and deliberate lack of midpoint (Ganong & Coleman, 2006). Researchers have

recommended a lack of midpoint, in order to minimise potential threats to validity and reliability (Weems & Onwuegbuzie, 2001). Likert-type scales of this nature are highly suited to factorial design vignettes (Ohan et al., 2011; Stokes & Schmidt, 2012). Research measuring police attitudes based on vignettes has successfully adopted 10-point Likert-type scales (Darwinkel, Powell, & Tidmarsh, 2013). Anchors were simplified with “strongly disagree” to “strongly agree” as well as “no extent at all” to “enormous extent”. The literature shows additional anchors (i.e. “moderately”) as unnecessary if item wording is clear (Wakita, Ueshima, & Noguchi, 2012).

The vignettes were counterbalanced across four booklets. Order effects were addressed to prevent the documented potential for earlier versus later items inhibiting extensive processing (Bryman, 2001; Haugtvedt & Liu, 2010). As recommended in the literature (Brown, 2008), the booklets allowed participants to include a password in case they wanted to later withdraw participation.

A validation process was adopted for the vignettes and the questionnaire. In line with studies that have checked the ADHD diagnostic clarity of vignettes with psychologist/psychiatrists (Bruchmuller et al., 2012; Ohan et al., 2011), this study had five psychologists with Masters/PhD qualifications review all vignettes. Two detectives heavily involved in training delivery within the criminal investigation branch (CIB) and child protection unit (CPIU) also checked the vignettes and questionnaire. The psychologists and detectives all confirmed the vignettes and questionnaire adequately addressed the most important considerations.

The final booklets contained four counterbalanced vignettes describing a 17 year-old suspect/witness interviewee with ADHD/noADHD characteristics. Each vignette was followed by the same five questions with a 10-point Likert type response scale. Detectives were asked about their perceived ability to gather high quality information in a time efficient

manner, past experience with this interviewee behaviour, predicted future CJS contact for this interviewee, and the degree to which a number of provided descriptions may best explain the interviewee behaviour. Descriptions included a moderate selection of common DSM-5 diagnoses, including ADHD, as well as factors the literature commonly found detectives may assume to explain ADHD-type behaviour (i.e. non-compliance, disrespect for police, difficult temperament, etc.). In particular, mood disorders were included because research has shown that in youth offenders ADHD is most likely to be misdiagnosed as mood/affective disorders (Young et al., 2015). Conduct disorder and oppositional defiant disorder, whilst both often comorbid with ADHD, are recognized as existing on one continuum or trajectory of behavioural concerns (Salisbury, 2013). Whilst both disorders bring the individual into conflict with figures of authority, the behaviours associated with oppositional defiant disorder include less aggression and destruction to people/animals/property and more problems with emotional regulation (American Psychiatric Association, 2013). This presentation was judged to be more similar to the features of ADHD, and thus important to include in the list of possible explanations. The descriptions based on a “disorder” included a brief explanation drawing on key DSM-5 diagnostic criteria in order to minimize ambiguity and maximize response variability. Finally, each booklet included six basic demographic questions.

Results

The primary method of analyses are within-subjects 2 X 2 ANOVAs. These ANOVAs compare detectives’ perceptions of either the witness or the suspect, with either the presence or absence of ADHD. ANOVAs examined detectives’ perceptions with regards to frequency of encountering interviewees with ADHD-type behaviour in their work, such as interviewees’ risk of future contact with the CJS, as well as impact of ADHD-type behaviour on interview time efficiency and quality. Next, one-way ANOVAs compared detectives’ perceptions of ADHD as explanation for interviewee behaviour versus nine other

possibilities. The other possibilities included “typical behaviour”, “anxious”, “drugs/alcohol”, “intellectual impairment”, “difficult”, “oppositional defiant disorder”, “problems at home”, “lack of respect”, and “communication disorder”.

Detectives’ Perceptions of Witnesses and Suspects, With and Without ADHD

Table 1 outlines the means and standard deviations for the following ANOVAs, regarding detectives’ personal contact, impact on interviewing time efficiency, impact on interviewing quality of information, detectives’ perceived risk of future CJS contact, and detectives’ ability to identify ADHD.

The extent to which detectives had personally encountered ADHD behaviour in young interviewees was analyzed using a 2 X 2 ANOVA (witness/suspect X no ADHD/ADHD) with repeated measures on both factors. The means and standard deviations are displayed in Table 1. There was no main effect of witness or suspect condition, $F(1,45)=2.86, p>.05, \eta^2=.060$, or no ADHD or ADHD condition, $F(1,45)=3.99, p>.05, \eta^2=.081$. The interaction was also not significant, $F(1,45)=3.58, p>.05, \eta^2=.074$. Overall, when all conditions were combined, detectives indicated that they had personally encountered the behaviours depicted in the vignettes to a great extent ($M=7.25, SD=1.48$). The impact of ADHD on detectives’ investigative interviewing was measured using further 2 X 2 ANOVAs (witness/suspect X no ADHD/ADHD) with repeated measures on both factors. This involved measuring the impact of interview behaviour firstly on time efficiency and secondly on the quality of information gathered. Means and standard deviations are displayed in Table 1.

Table 1

Means and Standard Deviations Across Conditions

	<u>Condition</u>			
	No ADHD Witness <i>M (SD)</i>	ADHD Witness <i>M (SD)</i>	No ADHD Suspect <i>M (SD)</i>	ADHD Suspect <i>M (SD)</i>
Detectives' Personal Contact	7.44 (1.86)	7.48 (2.01)	6.52 (2.52)	7.54 (2.06)
Impact on Interviewing Time Efficiency	2.74 (1.53)	7.57 (1.87)	3.35 (1.97)	7.15 (2.12)
Impact on Interviewing Quality of Information	2.76 (1.40)	7.80 (2.12)	3.70 (2.11)	7.35 (2.09)
Detectives' Perceived Risk of Future CJS Contact	3.78 (1.71)	7.22 (1.84)	5.20 (1.72)	7.96 (1.63)
Detectives Ability to Identify ADHD	3.24 (1.69)	6.00 (2.32)	3.41 (1.92)	6.30 (2.34)

When analyzing time efficiency, there was no main effect of witness or suspect condition, $F(1,45)=0.17$, $p>.05$, $\eta^2=.004$. There was a significant effect of no ADHD or ADHD condition, $F(1,45)=151.95$, $p<.001$, $\eta^2=.772$ with the ADHD condition perceived to take much more time ($M=7.36$, $SD=1.69$) than the no ADHD condition ($M=3.04$, $SD=1.48$). The interaction was also significant, $F(1,45)=8.41$, $p<.01$, $\eta^2=.157$. The analysis of time efficiency was followed up with six paired-samples t-tests. There was no significant difference between witness versus suspect interviewees with ADHD ($t(45)=1.32$, $p>.05$). There was a significant difference between witness versus suspect interviewees with no ADHD ($t(45)=2.16$, $p<.05$), with the suspect condition ($M=3.35$, $SD = 1.97$) perceived to take more time than the witness condition ($M=2.74$, $SD=1.53$). There were highly significant differences ($p<.001$) between all other combinations comparing the ADHD versus no ADHD condition, with interviewees in the ADHD vignettes consistently perceived to take more time.

Follow up plots confirmed the direction of the relationship highlighted in the ANOVA and the t-tests.

When analyzing quality of information gathered, there was no main effect of witness or suspect condition, $F(1,45)=0.98$, $p>.05$, $\eta^2=.021$. There was a significant effect of no ADHD or ADHD condition, $F(1,45)=169.08$, $p<.001$, $\eta^2=.790$ with the ADHD condition perceived to impede the collection of quality information more ($M=7.58$, $SD=1.73$) than the no ADHD condition ($M=3.23$, $SD=1.47$). The interaction was also significant, $F(1,45)=9.66$, $p<.005$, $\eta^2=.177$. The analysis of quality of information gathered was followed up with six paired-samples t-tests. There was no significant difference between witness versus suspect interviewees with ADHD ($t(45)=1.30$, $p>.05$). There was a significant difference between witness versus suspect interviewees with no ADHD ($t(45)=3.08$, $p<.005$), with the suspect condition perceived to impede the collection of quality information gathered ($M=3.70$, $SD = 2.11$) more than the witness condition ($M=2.76$, $SD=1.40$). There were highly statistically significant differences ($p<.001$) between all other combinations comparing the ADHD versus no ADHD condition, with interviewees in the ADHD condition consistently perceived to impede the collection of quality of information more than interviewees in the no ADHD condition. Follow up plots confirmed the direction of the relationship indicated in the ANOVAs and the t-tests.

The detectives' perceived risk of future CJS contact for interviewees was investigated using a 2 X 2 ANOVA (witness/suspect X no ADHD/ADHD) with repeated measures on both factors. The means and standard deviations are displayed in Table 1. There was a significant main effect of witness or suspect condition, $F(1,45)=25.10$, $p<.001$, $\eta^2=.358$ with the suspect condition perceived to carry greater risk of future contact ($M=6.58$, $SD=1.17$) than the witness condition ($M=5.50$, $SD=1.09$). There was a significant effect of no ADHD or ADHD condition, $F(1,45)=87.01$, $p<.001$, $\eta^2=.659$ with the ADHD condition

perceived to carry greater risk of future contact ($M=7.59$, $SD=1.55$) than the no ADHD condition ($M=4.49$, $SD=1.28$). The interaction was not significant, $F(1,45)=2.92$, $p>.05$, $\eta^2=.061$.

Detectives' success in identifying ADHD in the relevant vignettes was examined using a 2 X 2 ANOVA (witness/suspect X no ADHD/ADHD) with repeated measures on both factors. The means and standard deviations are displayed in Table 1. There was no main effect of witness or suspect condition, $F(1,45)=1.33$, $p>.05$, $\eta^2=.029$. There was a significant effect of no ADHD or ADHD condition, $F(1,45)=61.44$, $p<.001$, $\eta^2=.577$ with the ADHD condition perceived to be highly more likely to involve ADHD ($M=6.15$, $SD=2.17$) than the no ADHD condition ($M=3.33$, $SD=1.59$). The interaction was not significant, $F(1,45)=.21$, $p>.05$, $\eta^2=.005$.

Detectives' Ability to Identify ADHD Compared with Other Explanations

Detectives' ability to identify ADHD, relative to nine other possible explanations, was tested via two consecutive one-way ANOVA with repeated measures. These two ANOVAs addressed each of the two ADHD conditions in turn, including the witness and then the suspect condition. The first ANOVA, concerning the witness with ADHD condition, was significant $F(1, 405)= 8.95$, $p<.001$, $\eta^2=.166$. Planned comparisons were made between ratings for the likelihood of "ADHD" and each of the other nine explanations. A Bonferonni correction was applied ($p<.0056$). Compared with "ADHD" ($M = 6$, $SD = 2.32$), "problems at home" ($M = 6.89$, $SD = 1.57$) was a significantly higher ($t(45)=3.12$, $p<.0056$) rated explanation, whilst "typical behaviour" ($M=4.44$, $SD=2.06$) was a significantly lower ($t(45)=3.52$, $p<.0056$) rated explanation of the interviewee behaviour in the witness-ADHD condition. There was no significant difference between "ADHD" ($M=6$, $SD=2.32$) and all the other explanations, including "anxious" ($M=.57$, $SD=3.71$), "drugs/alcohol" ($M=.87$, $SD=2.57$), "intellectual impairment" ($M=.61$, $SD= 2.52$), "oppositional defiant disorder"

($M=.24$, $SD=1.97$), “lack of respect” ($M=.63$, $SD=2.65$) and “communication disorder” ($M=.13$, $SD=2.69$).

The second ANOVA, concerning the suspect with ADHD condition, was significant $F(1, 405)= 8.68$, $p<.001$, $\eta^2=.162$. Planned comparisons were made between ratings for the likelihood of “ADHD” and each of the other nine explanations. A Bonferonni correction was applied ($p<.0056$). Compared with “ADHD” ($M=6.30$, $SD=2.34$), detectives were no more likely to give significantly higher or lower ratings to any of the other explanations, including “typical behaviour” ($M=1.33$, $SD=3.18$), “anxious” ($M=1.04$, $SD=2.81$), “drugs/alcohol” ($M=.67$, $SD=2.97$), “intellectual impairment” ($M=.76$, $SD=3.06$), “difficult” ($M=.48$, $SD=2.50$), “oppositional defiant disorder” ($M=.94$, $SD=2.41$), “problems at home” ($M=.94$, $SD=2.31$), “lack of respect” ($M=.07$, $SD=2.53$), and “communication disorder” ($M=2.83$, $SD=2.50$).

The findings of the two ANOVAs taken together show that police were not able to identify ADHD as the most likely explanation over and above the nine other possible explanations, in either the witness or suspect condition.

Discussion

This study was the first to measure police perceptions regarding contact with youth who have ADHD and the impact on their investigative interviewing, as well as their ability to recognize ADHD in vignettes. The findings suggest ADHD in youth contacting the CJS is both a prevalent and consequential problem for detectives, complicated by their difficulty identifying it. The detectives in this study report a high level of personal contact with youth displaying ADHD behaviours, in line with literature showing ADHD to be a frequently recorded diagnosis in forensic settings (Buitelaar & Ferdinand, 2013; Lindsay et al., 2010). The detectives also perceive a high risk of future CJS contact for these interviewees, which supports literature showing ADHD to be linked to ongoing CJS contact (Young, Wells et al.,

2011). Particularly for suspects, literature has shown ADHD to be a risk factor for life-course-offending (Lindsay et al., 2013; Young, Wells et al., 2011) with elevated risk for boys and girls with ADHD (Dalsgaard et al., 2013). The detectives in this study perceive ADHD behaviour to significantly impede their investigative interviewing. This is inline with earlier mentioned research showing the functional deficits associated with ADHD to negatively impact detectives' ability to use "best practice" interviewing techniques (Gudjonsson & Sigurdsson, 2010; Vrij, Granhag & Porter, 2010) and potentially compromise the judicial process (Collins & White, 2002; Griffiths & Milne, 2010; Griffiths et al., 2011; Read et al., 2009; Snook et al., 2012). It is also in-line with the earlier-mentioned research showing that such ADHD-type behaviours as depicted within the vignettes in this study, regardless of comorbidity, place the greatest demands on police resources as well as the ability of the interviewee to cope and give quality answers (Dalsgaard, Mortensen, Frydenberg, & Thomsen, 2013; Gudjonsson, Sigurdsson, Adalsteinsson, & Young, 2012; Young et al., 2008, 2013, 2016).

Despite interviewee ADHD behaviour representing a highly prevalent and consequential problem for police, the findings showed detectives in this study experienced difficulty identifying ADHD as a more likely explanation than other possibilities in the appropriate vignettes. Detectives rated "problems at home" significantly more likely, and "typical behaviour" as the only option significantly less likely, than "ADHD" as the explanation for victim-witness interviewees in the ADHD condition. Similarly, for the suspect ADHD condition, detectives gave high ratings to all options and there were no significant differences between "ADHD" and any of the other possible explanations. This aligns with research showing most youth with ADHD in forensic settings to go without being identified/referred (Collins & White, 2002; Timmi & Taylor, 2004). It has been suggested that this poor identification may be due to ineffective screening/assessment procedures during

interviewing (Young et al., 2013), with staff knowledge, skill and training in the area failing to parallel the high rate of ADHD in the CJS (Young, Adamou et al., 2011). Researchers have suggested a need for such training to better accommodate these vulnerable interviewees and to facilitate early intervention (Belcher, 2014). The literature particularly stresses the important role of the juvenile CJS in the early identification and intervention-referral of youth with ADHD for a preventive approach (Collins & White, 2002; DeLisi et al., 2013; Einarsson et al., 2009; Gudjonsson & Young, 2006). The literature argues a need to address ways to facilitate such a preventive approach for particularly very young children coming into contact with the CJS in order to break the cycle (Einarsson et al., 2009; Young, Adamou et al., 2011). Researchers have suggested this may involve developing a strong identification/diagnosis system for use in the CJS (Gudjonsson & Young, 2006; Moser & Doreleijers, 1997) and training in this area appears highly pertinent. Overall the professional implications warrant action to address the high current and future predicted CJS contact, high impact on detective interviewing, and need for better awareness/identification, regarding youth with ADHD.

There were potential limitations to the current study. A larger sample size may have offered increased power and greater flexibility for additional analyses such as CIB versus CPIU comparisons. Given the relatively small convenience sample, their may be limited ability to generalize the current findings to a broader range of police. Furthermore, the use of written vignettes may have provided limited contextual information for detectives to make judgments as accurately as they might in the field. Some researchers have criticized vignettes as over-simplified, failing to capture important social nuances, as well as prone to “vignette equivalence” and tied responses (King & Wand, 2007; Ludwick et al., 2004; Ludwick & Zeller, 2001; Ohan et al., 2011). This study minimized such effects by utilizing an optimal number (four) of factorial vignettes, and noted the expansive body of literature in support of factorial vignettes that outweighed such criticisms. Many researchers argue factorial vignettes

to be an advantageous way of collecting data due to their application to highly challenging and sensitive situations, their usefulness for determining where specific action is necessary, as well as their ability to encourage reflective higher-order thinking (Collett & Childs, 2011; Ganong & Coleman, 2006; Kish, 2007; Lee, 1993; Ludwick et al., 2004; Kish, 2007; Stokes & Schmidt, 2012). Vignettes have successfully been applied to a range of fields (see Collett & Childs, 2011; Poulou, 2001; Twemlow, Fonagy, Sacco, & Vernberg, 2008; Stolte, 2010); to criminality issues (Ohan et al., 2011; Tolsma & Blaauw, 2012); and in particular ADHD (Morris, 2005; Ohan et al., 2011). Factorial design vignettes are recognized as one of the most advanced instruments for measuring judgement and decision-making (Lauder, 2002; Wallander, 2012); offering high internal and external validity (Ganong & Coleman, 2006; Ludwick & Zeller, 2001); high statistical power (Stokes & Schmidt, 2012); consideration to the effects of respondent characteristics (Taylor, 2006); as well as flexibility/control over the number of scenarios presented (3 to 30) and dimensions manipulated (2 to 15) (Ganong & Coleman, 2006).

Another potential limitation relates to the validity of the vignettes. Whilst great effort was extended to ensure that the behaviour of the interviewees with ADHD was described in close alignment with DSM-5 diagnostic criteria, it may be difficult to definitively rule out these behaviours also reflecting other disorders known to be highly comorbid with ADHD such as oppositional defiant disorder or conduct/antisocial personality disorder. There appears to be a lack of empirical research describing how the behaviour of juvenile witness/victims or suspects with ADHD and such comorbid disorders may present. Ensuring a pure description of ADHD, free of comorbidity, was controlled for as much as possible by having psychologists vet the vignettes. The authors do note however that whilst these psychologists possessed postgraduate training and experience working with youth with ADHD, they were not experts in the field of ADHD.

Another potential limitation relates to the questions regarding the vignettes. Specifically, the list of options for detectives to rate as the most likely explanation of interviewee behaviour in each vignette could have been more inclusive. The literature has highlighted strong comorbidity between ADHD and conduct disorder, and between ADHD and oppositional defiant disorder. Researchers have highlighted conduct disorder and oppositional defiant disorder as existing on a continuum of behavioural concerns (Salisbury, 2013), and so oppositional defiant disorder was chosen as the most extreme presentation matched to juvenile youth. However, additionally including conduct disorder as an added option may have enhanced fidelity of the research design.

A further potential limitation is the complication caused by comorbidity. Some researchers have found hyperactive youth without comorbid diagnoses to be at no greater risk of criminality or recidivism than those with other emotional/behavioural disorders such as conduct disorder (Grieger & Hosser, 2012; Mordre, Groholt, Kielsberg, Sandstad, & Myhre, 2011; Satterfield et al., 2007). Yet these studies' limitations included insufficient power, limited probands, missing values, high drop out rates, insufficient parameter-defining information, restricted age ranges, unreliable records, low participant literacy, inapplicable samples, as well as over reliance on self-report measures and retrospective accounts (Grieger & Hosser, 2012; Gudjonsson et al., 2014; Mordre et al., 2011). Furthermore, research has shown it is the impulsive, inattentive and poor self-control dimensions of ADHD putting them at greatest risk of criminality (Eme, 2012, 2013, 2014; Gudjonsson et al., 2010; Moffitt, Poulton & Caspi, 2013; Zhou et al., 2014). Researchers have also argued ADHD to be the precipitating factor leading to the trajectory of comorbidity (Beauchaine, Hinshaw, & Pang, 2010; Beauchaine & McNulty, 2013; Beauchaine et al., 2013), and as noted previously it is ADHD that is the most demanding of police resources (Young et al., 2013). A study of 25,000 participants found a significant reduction in offending after introducing stimulant

medication, with no difference depending on coexisting diagnoses such as conduct, oppositional-defiant, antisocial personality or substance use disorders (Lichenstein et al., 2012). This establishes value in early identification and intervention targeting ADHD, with or without comorbidity. There is no doubt ADHD and comorbidity is a complex association (Vogel, 2014) but the functional deficits associated with ADHD regardless of comorbidity should not be ignored. So consequential are the deficits that researchers have proposed courts rule ADHD a mitigating factor in criminal hearings (Eme, 2012, 2013, 2014; Pope, Luna, & Thomas, 2012).

The findings of the current study offer a solid rationale for future research to explore this important topic. In particular, it is recommended that the focus be on awareness and training needs. It is worthwhile to pursue research that directly surveys police about their knowledge and skill regarding how to recognize, screen, accommodate and refer for early intervention those youth suspected to have ADHD. It is also recommended to investigate how detectives would specifically like to advance their expertise in this area, what features they would like to see in a training program, and how this may transcend to a psycho-educational intervention.

In conclusion, the current study showed detectives to perceive that they have frequent contact with interviewees displaying ADHD behavioural characteristics, that it significantly impedes their ability to conduct time-efficient high quality interviews, and that these interviewees are at significant risk of continued CJS contact. This study also showed that detectives could not identify ADHD as the most likely explanation over and above other possibilities. These findings suggest a strong need for action to help raise police awareness of ADHD and its implications, as well as to address police training regarding early identification and early intervention of youth with probable ADHD.

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